



option care health®

Patient guide to **infusion therapy**

A guide to promote a safe and comfortable
infusion experience



Patient Guide

Welcome

You're ready to begin infusion therapy

Infusion is a way of delivering medicine, nutrients or fluids through a needle or catheter directly into the body. You may receive infusion therapy in your home or at an infusion suite that is comfortable and meets your needs.

Option Care Health is here to provide complete support for your infusion needs with a team of dedicated experts who ensure you receive your therapy and required supplies exactly as your healthcare provider prescribes.

This booklet is filled with information designed to help you understand the basics of infusion therapy. The information in this booklet is not intended to replace any advice or instructions that you have received from your healthcare provider. Please read this booklet carefully and keep it with you throughout the course of your therapy. If you have questions at any time, just call us.

Phone numbers for your pharmacy and nursing team as well as important information about your local care management center can be found in your initial dose delivery. Please do not hesitate to reach out if there is anything you need.

We're here for you 24/7/365

Specially trained Option Care Health nurses and pharmacists are available as needed to assist you with your prescribed therapy **24 hours a day, 7 days a week, 365 days a year.**

The Option Care Health pharmacist will work closely with you and your caregiver, healthcare provider and nurse to ensure that your medication is administered safely and effectively. We will provide you with information about your medication and monitor for drug interactions.

Please call your local Option Care Health office if you want to set up or change a visit, order supplies or if you have any questions or concerns.

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Section 1

Everything we do to help you

We help thousands of people like you with their infusion needs

Infusion therapy is prescribed more often than you may think. Every day, thousands of people receive infusion therapy for all kinds of reasons. For many, Option Care Health is their first choice for care. We provide flexible infusion options that let people find what works best for them whether that is treatment in the home or at one of our over 150¹ infusion suite locations across the country.



Reference 1. Data on file, Option Care Health.



We offer you a team of dedicated experts

You have a team of infusion experts dedicated to your care. The team includes nurses, infusion pharmacists, registered dietitians and support staff members that will:

- Help you understand the basics of infusion therapy
- Ensure the safety of your infusion
- Assist with supplies
- Help manage insurance matters

Ensure quality care

Providing you with quality care is our primary goal. We encourage you to call us if you ever have any questions, comments or concerns about the care and services we are providing. It is the responsibility of every Option Care Health

employee at your local office to ensure you are satisfied with the care you receive. Reach out to your local care management center if you ever have any concerns about the services you are receiving.

Take our satisfaction surveys

We actively seek feedback from patients like you who are receiving our services. That's why we work with Beyond Feedback, a marketing research firm that specializes in conducting surveys regarding customer satisfaction and loyalty measurement.

You may receive a phone call, text or email asking you to take part in a patient satisfaction survey at some point during your therapy. You may also provide feedback at any time during your care by contacting your local care management center. *(Number can be found on the page inserted in the front cover of this book.)*



3.2 million patients annually receive home and specialty infusion therapy.¹

Option Care Health has locations across the country, so you can get the same treatment wherever you go.

Reference 1. National Home Infusion Foundation. Infusion Industry Trends Report 2020.

Everything we do to help you

Make treatment convenient

For your convenience, you may receive therapy at one of our Option Care Health Infusion Suites. Individuals being seen in our infusion suites may have medication sent directly to the infusion suite location or they may be delivered to your home for you to bring with you to your appointment based on pharmacy state regulations.

For patients that cannot be seen in one of our infusion suites, you may receive therapy at home. For patients receiving therapy at home, your medication and supplies will be delivered there.

You can make it easier for nurses and delivery personnel to coordinate their visits by doing the following:

- Ensure you have a working telephone
- Let us know about any special requirements for entering your home, such as a locked gate
- Make sure your home address is clearly visible from the street
- Tell us about any parking restrictions near your home
- Secure any pets that may try to interfere with personnel
- Notify us if you will not be able to keep a scheduled visit or appointment

Every member of our staff wears an employee identification badge. Never allow someone without a badge into your home. Call us first.

Help with billing and insurance

You have an experienced team of professional reimbursement specialists ready to work for you. You can expect your team to do the following:

- Keep your insurance information and required documents securely on file
- Make sure you fully understand your responsibilities for any copays and deductibles
- Obtain any prior authorizations and reauthorizations that may be required
- Bill your insurance carrier directly for all services and supplies
- Notify you of any changes in your coverage
- Help you find financial assistance for products and services that may not be covered

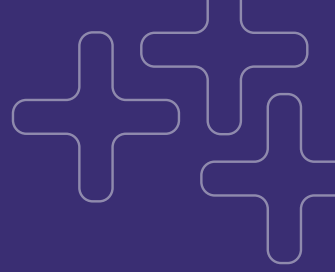
92%¹

overall patient satisfaction

Reference 1. January-December 2022 patient satisfaction data. Survey of 25,918 patients.

Section 2

Care at home basics



Establishing a routine

It is important to collaborate with your healthcare provider to develop a routine that works for you. Creating a routine will help you better manage your treatment. Medications work best when given at the same time every day. You will need to infuse as close to your prescribed time as possible. This helps maintain constant levels of medication in your body. If you miss a dose, contact your infusion services nurse or pharmacist.



Care at home basics

Monitoring your progress

You can help ensure that you are getting all the benefits from your infusion by keeping track of your progress. You may keep a journal of your infusions, noting any changes in your condition. If you are receiving nursing services, a nurse will monitor your status during visits. It's also important for you to call us if you notice any change in your status. We will report important information back to your healthcare provider when appropriate.

Ordering and storing medications and supplies

We're always here to help you order medications and supplies

As part of our services, we arrange for delivery of your medications and supplies to your home. We will contact you before your medications run out to discuss your supply and refill needs, check your medication usage as well as arrange the best time for delivery.

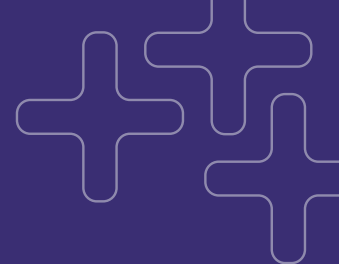
If you are receiving nursing services, your infusion nurse can review your need for medications and supplies. Always keep at least 2 - 3 days' worth of medicine on hand and check supply on your own every week. Make a note of any items that you will need to order soon.

- Call us if you don't have enough medication or supplies to administer your therapy before your next delivery
- We will arrange a date and time range with you for delivery
- We will confirm that someone will be home to receive the delivery



Delivery

We offer several options for home delivery of the products and supplies you need. Depending on your location and the timing of your needs, a delivery may be made by UPS®, FedEx®, a prescreened courier or our infusion services delivery personnel.



Unpacking your order

- Use caution when opening boxes to avoid damaging supplies
- Unpack new shipments as soon as they arrive
- Please note that some items in your order may be shipped in separate packages

Storing medications and supplies

Follow the storage directions that appear on your medication.

- Store supplies close to your treatment area
- Rotate your stock of medication so that it does not expire by always using older medicine first and placing your new supply of medicine in the back of the refrigerator or storage area for later use; remember to check the expiration date before using
- If instructed to store medications at room temperature:
 - Store in a clean, dry area and out of the reach of children and pets
 - Keep away from direct sunlight or other sources of heat
 - Store medications in the protective outer packaging provided
- If instructed to store medications in a refrigerator:
 - Set temperature between 36 - 46°F (2 - 8°C)
 - Clean and keep an area of your refrigerator just for medications
 - Put medications in a clean plastic bag to protect them from other items
- Do not keep any out-of-date medication or supplies; ask your Option Care Health team how to dispose of any medication you haven't used and ensure discarded medicine is out of the reach of children and pets

Returns and credits for shipped items

Many supplies that we ship to you require special storage temperatures and careful handling.

If packaging is damaged, it could represent a critical safety hazard.

- Inspect your supplies at the time of delivery and tell us about any problems
- We will issue a credit for defective equipment or supplies shipped in error, only if you inform us at the time of delivery

We comply with the Board of Pharmacy of your state, as well as other applicable federal and state regulations that prohibit the resale or reuse of dispensed medical items. To ensure the safety of all patients, we cannot use returned supplies, therefore, **WE DO NOT ACCEPT RETURNS OF ANY KIND**. Please alert Option Care Health immediately if you receive defective products so we can replace promptly.

Section 3

Receiving care at home

Visiting your home

If you are receiving nursing services, your local office will call you to arrange a time for a nurse to visit your home. Our nurses cover large territories and administer time-sensitive drugs. We make it our priority to schedule visits that are timely and convenient for you.

Techniques to prevent infection

The supplies, medications and solutions we provide are clean (free of germs) and have sterile parts that are protected by the package or protective cap.

Germs can still be on many surfaces, in the air and on your skin. Before each treatment, you will need to be careful and take extra steps to prevent infection.

Washing hands properly

Washing your hands properly prevents infection.

ALWAYS wash your hands:

- Before gathering your supplies
- Before starting an infusion
- Whenever you think your hands may have become contaminated

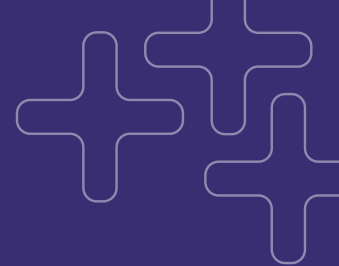
If soap and clean water are not available, use an alcohol-based hand sanitizer to clean your hands. Alcohol-based sanitizers work quickly to reduce the number of germs on the skin. When using an alcohol-based hand sanitizer:

1. Apply product to the palm of one hand
2. Rub the product over all surfaces of hands and between fingers until hands are dry



Tips for washing hands with soap and water

1. Wet your hands with clean, warm running water
2. Apply soap and rub hands together to make a lather
3. Scrub every part on each hand and between fingers
4. Continue rubbing hands for 20 seconds
5. Rinse hands well under running water
6. Use a paper towel to turn off the faucet
7. Dry hands using a clean towel or air dryer



Cleaning up blood and body fluid spills

Spills can increase the likelihood of infection. Follow these suggestions to prevent infection when cleaning up spills:

1. Keep children, pets and others away from the area until the spill is cleaned up
2. Wear disposable gloves
3. Use paper towels to absorb the spill
4. Dispose of paper towels carefully in a leak-proof plastic bag and double bag them for extra safety
5. Clean the spill area with a solution of one cup of bleach mixed with 10 cups of water
6. Dry the area with clean paper towels
7. Place the paper towels in a leak-proof plastic bag
8. Take gloves off by turning them inside out and then place them in the bag
9. Wash hands thoroughly with soap and water for 20 seconds

Maintaining a tidy home treatment area

Choose a quiet part of your home that is free of dust, dirt and clutter. There should be plenty of space, good lighting and a flat surface such as a table or countertop. Before each treatment:

1. Clean your work surface with soap, water and paper towels or antibacterial cleansing wipes
2. Dry the surface with a clean paper towel

If the area becomes contaminated during use, stop and clean again.

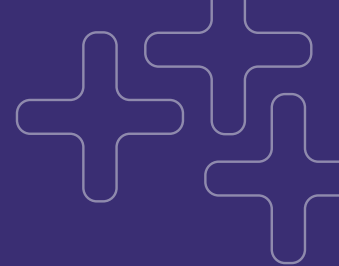
You and your caregivers should familiarize yourselves with how to dispose of sharps and biohazardous waste in an appropriate sharps container.

Receiving care at home

Guidelines for caregivers helping with your infusion

Caregivers should adhere to the following guidelines:

- Keep small children and animals in another area when medication is prepared (*small parts could be present which pose dangers and may result in choking*)
- Wash hands thoroughly before and after patient contact
- Cover any cuts or sores with a bandage
- Wear protective gloves and throw away after use, if instructed by your nurse or pharmacist
- Wear safety goggles and a disposable face mask if there is a chance that blood or body fluids might splash
- Wear a disposable gown over clothes, if instructed by your nurse or pharmacist
 - If blood or body fluids get on clothes, remove the clothes immediately while wearing disposable gloves
 - ◊ Don't shake out clothing
 - ◊ Hold the clothing at arm's length and carefully place it in a separate, leak-proof plastic bag
 - ◊ Wash contaminated clothing separately from other laundry using hot water with bleach
- Discard used or contaminated disposable supplies by placing them in a leak-proof plastic bag
- Double bag contaminated items for extra safety



Inspecting supplies and medications


Inspect your supplies and medications before each infusion.

- Make sure that each package is dry and sealed
- Do not use the contents of a package that is wet or has moisture in it
- Do not use the contents if the package's protective cover or seal is open, broken or missing
- Check the label on your medication to make sure your name is on it
- Check that the medication has not expired
- Check that the medication, dosage and directions for administration match the instructions provided by your nurse or pharmacist
- Make sure that all tubing and needles are sterile with their protective covering intact *(if you are unsure whether you have contaminated a sterile item, do not use and simply throw away; extra supplies can be obtained by letting your nurse or pharmacist know that you need replacements)*
- If you see any cracks, leaks, floating particles or discoloration, don't use the products

Preparing medications for use

Bringing refrigerated medications to room temperature before use helps make infusion more comfortable. If you have been instructed to keep your medications in the refrigerator, you will need to remove them in advance so they can gradually warm before use.

- Keep the container away from sources of heat
- Let the medication warm for the amount of time stated on the label before use, unless your healthcare provider instructs otherwise
- Never speed the warming process by heating or microwaving medications as this can make them less effective



If you have any concerns about the safety of your medication or supplies, do not use them. Call your Option Care Health pharmacist immediately. We are always here to help.

Receiving care at home

Using an infusion pump

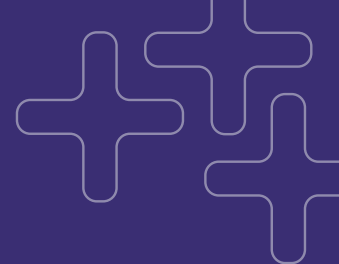
If you have a pump, you will receive specific instructions from your Option Care Health nurse or pharmacist. Here are some basic points about correct pump use:

- Use only tubing sets that are approved for your pump
- Arrange tubing, pump cords and cables to prevent kinks or tangles
- Secure excess tubing to prevent risk of accidental strangulation
- Familiarize yourself with the alarms on your pump and what to do if they go off
- Never ignore a pump alarm
- Teach others who are helping you how to operate your pump
- Do not reprogram your pump unless instructed to do so
- Never open the pump cover or outer casing
- Avoid dropping the pump or hitting it against a hard surface
- Keep the pump dry
- If your pump plugs in, keep it plugged into a three-pronged outlet to ensure the battery stays charged
- Never use an extension cord
- If your pump uses disposable batteries keep a fresh supply on hand

Your infusion nurse will show you how to keep the pump in proper working order. Never try to repair or adjust a pump on your own.



If you ever have questions about how to use your pump, contact us right away.



How to safely handle needles and waste

Your Option Care Health nurse or pharmacist will provide thorough instructions for the correct use and disposal of needles and other materials used during home infusion. Here are some basic tips to help you safely handle needles and avoid needle sticks:

Handling needles

- Make sure the cap is secure
- NEVER touch the syringe needle;
ALWAYS pick up a syringe by its barrel
- Never break or bend a needle
- Never remove a needle from its syringe
- Do not put a cap back on a needle after it has been used

Discarding biohazardous waste

Biohazardous waste refers to used medical supplies that may have been contaminated with blood or bodily fluids. Most states allow patient generated waste to be disposed of in regular household trash.

Examples of biohazardous waste

- Used or contaminated needles
- Blood-soaked items
- Chemotherapy-contaminated items
- Broken glass from glass vials or blood tubes
- Other sharp objects that could cause a puncture wound and transmit infection

Using a sharps container

You may receive either a regular sharps container or a mail-back sharps container depending upon your local/state regulations. The following instructions are specific to the type of container that was delivered to you.

If you received a regular sharps container:

When it is three-fourths full or no longer needed, close the lid and refer to the following website on how to safely dispose of your sharps and waste per local state requirements at: [SafeNeedleDisposal.org](https://www.safeneedledisposal.org) or contact your local Option Care Health office for help with drop off locations.

If you received a mail-back sharps container:

When it is three-fourths full or no longer needed:

1. Close the lid and place the container in the bag
2. Use a twist-tie to close the bag
3. Place the bag inside the box
4. Secure the locking tabs on top of box
5. Complete the return address on the box
6. Hand the box to your local mail carrier or take it to the nearest post office

No matter where you are:

- Sharps should never be thrown loosely into the trash or toilet.
- Sharps should never be recycled.
- Sharps that retract after use, or are very small, should be disposed of like all other sharps.

Go to the following website for more information and guidance on regulations in your state or local area on proper containers for sharps and what to do with used sharps: [SafeNeedleDisposal.org](https://www.safeneedledisposal.org)

Receiving care at home

Container rules

- Keep out of reach of children and pets
- Put contaminated items in the container immediately after use
- Place each syringe, with the needle still attached, into the container
- Place all of your biohazardous waste into the container
- If receiving chemotherapy, use a different sharps container to dispose of used supplies (*your nurse or pharmacist will teach you more about this*)
- Don't deposit any fluids into the container
- Don't overfill the container
- Don't reach into the container
- Don't open a container once the lid is closed
- Don't use a biohazardous waste container for regular trash
- Don't dispose of IV tubing, syringes without needles, empty IV bags, plastic vials or packing materials in the container, these items may go in the regular trash, unless directed otherwise



Tips for caregivers

What to do if someone else accidentally gets stuck with a needle:

- Squeeze the area that was stuck until blood is visible
- Wash the area well with soap and water
- Run water over the area for at least one minute
- Immediately call the person's healthcare provider to report the incident and get further instructions

Refer to [SafeNeedleDisposal.org](https://www.SafeNeedleDisposal.org) to learn how to dispose of sharps in your state or local area

Medical equipment safety

When using an infusion pump or other medical equipment, make sure you're using it safely and effectively. It's also important to have a backup plan in case of an emergency.

Your equipment and electricity

Most medical equipment requires the use of a grounded, three-pronged electrical outlet or a three-pronged surge protector. Here are some other tips that will help you safely use electrical medical equipment:

- Keep equipment away from water
- Avoid using equipment in the bathroom
- Never touch equipment or wires with wet hands
- Keep electrical cords clear of walkways
- Never plug medical equipment into extension cords
- Never use medical equipment with frayed or worn electrical cords
- If there is oxygen or other electrically powered medical equipment in the home, register with your local fire department and utility company

Fire prevention

- Install smoke detectors and change their batteries every six months
- Install a working fire extinguisher in a place that is easy to reach
- Avoid using space heaters



Receiving care at home

Emergency preparedness

In the event of a major disaster, Option Care Health will make every attempt to ensure your safety and protection.

Medical Emergency Guidelines

All Option Care Health Registered Nurses are trained in CPR. However, there may be other team members that are not trained in CPR like delivery drivers or couriers.

- If you require emergency medical care in the presence of an Option Care Health team member trained in CPR, the team member will initiate CPR if necessary and notify Emergency Medical Services/911 (EMS).
- If you require emergency medical services in the presence of an Option Care Health team member that is not trained in CPR, notification to EMS/911 will be initiated.
- If you have an advance directive or living will stating you do not want to receive resuscitation if your heart stops (DNR order), you will need to give this document to your Option Care Health clinician.
- Without the DNR order prominently displayed, our clinicians trained in CPR will need to initiate CPR and team members not trained in CPR will need to call EMS/911.

Power outages

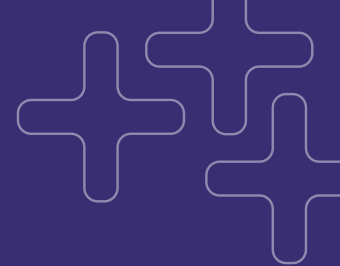
In case of a power outage, there are some steps you need to take to ensure that your home therapy is not interrupted.

1. If your medications need refrigeration, store them in a container with ice packs until electricity is restored.

OR

In the case of a rolling blackout or a power outage that is expected to last no more than one to one and a half hours, keep the refrigerator door closed. This should help the inside maintain a cool temperature for several hours, allowing for continued appropriate storage of your medications.

2. If you are receiving your medication with an infusion pump, the following issues apply:
 - Be aware that these pumps have an internal backup battery that is constantly charged when the electricity is on. Once the electricity is off, the backup battery power typically lasts four to eight hours.
 - Portable electronic pumps use either C, D, or 9-volt batteries and operate independently of your home electrical system. With each drug and supply delivery, Option Care Health typically provides you with enough batteries to power your therapy for a week. If Option Care Health is unable to deliver more batteries, you may purchase batteries from a local pharmacy, grocery or convenience store.
 - In an emergency, if your infusion needs exceed the pole-mounted pump back-up battery or portable pump disposable battery supply, you may be able to attach gravity flow tubing to your drug reservoir system and infuse



via the gravity route. Call your pharmacist to understand exactly what emergency administration methods can be used for the drug administration system you have.

3. Call Option Care Health if you require further assistance with your pump operation or supplies.

Be prepared before disaster strikes

- Prepare a list of your emergency phone numbers (healthcare providers, pharmacies, police, fire, ambulance and utility companies)
- Have an out-of-state phone contact on record
- Have a prearranged meeting spot for family members to gather
- Store at least seven days' worth of your personal medications, including insulin, pain medication and oxygen (if ordered by your healthcare provider)
- Store at least three days' worth of food and water
- Store a flashlight, battery operated radio and extra batteries in case of a power loss
- Assemble a first aid kit for your home
- Have at least one complete change of clothing and footwear per person
- Have blankets and bedding available
- Have emergency sanitation supplies and tools available

What to do when disaster strikes

- Evacuate immediately if told to do so
- Listen to your radio and follow emergency instructions
- Call 911 if you need emergency medical care
- Go to the nearest shelter or hospital
- Take all medications, infusion supplies and equipment with you
- Notify Option Care Health of your location as soon as possible (if able, Option Care Health will provide services as ordered)

What to do after the disaster strikes

1. Check for injuries, give first aid and get help for seriously injured people
2. Check your home for damage such as gas leaks, spills, fire hazards, electrical problems and household hazards
3. Notify Option Care Health of your location

Call 911 if you need emergency medical care.

Section 4

Other important considerations

Preventing falls in the home

Falls can happen to anyone at any time. Whatever your age or health, there are a number of ways you or your caregiver can reduce your risk of falling.

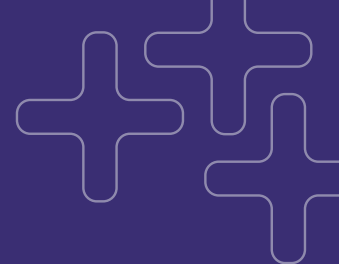
Falls can occur for a number of reasons:

- Poor vision or hearing
- Frailty because of age (65 or older)
- Illnesses or physical conditions that affect strength and balance
- A history of falls
- Use of walking aids, such as a cane or walker
- Side effects of certain medications
- Bladder problems (rushing to the bathroom)
- Poor nutrition
- Unsafe conditions in the home



Making your home safe

Many falls can be prevented, especially ones caused by objects in the home. Even minor changes — such as rearranging furniture to allow clear pathways and removing throw rugs — can greatly reduce your risk of falling.



Here are some steps you can take to lower your risk of falling in your home:

Lighting

- Make sure your home is well lit and replace dim or burned-out bulbs
- Keep a flashlight nearby in case of emergency
- Keep hallways, stairways and other high-traffic areas well lit
- Use nightlights in hallways and bathrooms

Floors

- Remove throw rugs
- Keep floors free of clutter
- Clean spills immediately
- Do not wax floors
- Tack down or remove any loose carpet or floor coverings
- Keep electrical cords and vacuum hoses away from pathways

Hallways and stairways

- Use handrails when walking up or down the stairs
- Fix any loose or wobbly stairs or banisters
- Mark the edges of stairs with nonskid treads or reflective tape
- Never carry anything up or down stairs that obstructs your vision

Bedroom

- Use bedding made of cotton instead of slippery materials such as silk

Bathroom

- Install grab bars in your bathtub, shower and toilet area
- Never grab or lean on a towel rack or soap tray for support
- Use a raised toilet seat with armrests to aid in getting up and down
- Use a shower chair with a handheld shower head
- Use nonslip mats in bathtubs and showers
- Use soap-on-a-rope or mounted body wash dispensers
- Do not lock the bathroom door in case someone needs to reach you

Other tips

- Wear shoes or slippers with nonskid soles
- Don't use stools or step ladders
- Repair cracked, broken or uneven sidewalks and walkways
- If using a cane or walker, make sure to replace worn rubber tips
- Make sure to wear your glasses or contacts if you need them, but remove reading glasses before walking
- Wear clothes that fit properly
- Do not stand up if you are dizzy
- Always stand up slowly

Other important considerations

Medications and the risk of falling

Some prescription drugs and over-the-counter medications can make you feel drowsy, weak or dizzy — all of which can make you unsteady on your feet. Talk with your healthcare provider about the medications you are taking and how they can affect your balance, especially if you take four or more prescription drugs.

It is strongly recommended that you fill all of your prescriptions at the same drugstore. This way, the pharmacist can review your medications for possible harmful drug interactions.

The following are some prescription and over-the-counter medications that may increase your risk of falling:

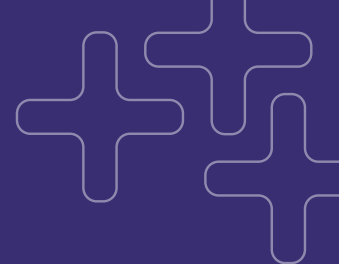
- Sleeping pills
- Certain antidepressants
- Some cough syrups and decongestants
- Certain medications for conditions such as high blood pressure, heart problems, diabetes and allergies

How exercise and nutrition can help your care plan

As we age, physical strength and balance naturally decline. The good news is you can slow this decline and improve your physical condition through exercise. Even light exercise can be helpful. Walking, water workouts in a pool, gardening and lifting light weights can help you stay fit. Ask your healthcare provider for an exercise program that is safe and fits your fitness level, physical abilities and lifestyle.

This is also a good time to ask your healthcare provider about nutrition. Eating the proper kinds and amounts of food can help prevent falls as well. Skipping a meal or not eating enough, for instance, can make you feel weak. This can affect your balance and agility. Be prepared to tell your healthcare provider about your current eating habits such as when, how much and what kinds of food you eat. Your healthcare provider can provide some nutrition guidelines or refer you to a registered dietitian.





Pain management

Option Care Health will perform pain assessments before and during your therapy. If you are experiencing any pain, tell your infusion pharmacist or nurse right away. We will work closely with you and your healthcare provider to develop a plan for pain relief that works best for you. Treatment may include medication or other therapies.

Common pain-assessment questions:

- Where is the pain located?
- Does the pain move to other areas of the body?
- When did the pain begin?
- How often does the pain happen?
- How intense is the pain?
- Can you describe the pain? Is it dull, aching, throbbing, sharp, shooting, burning?
- Does the pain change?
- Does anything make the pain better or worse?

Traveling with infusion therapy

Eventually, you may want to infuse yourself or schedule an infusion with a nurse while you are traveling. We can arrange to deliver medications and supplies directly to you and coordinate with alternate sites at which you can receive your infusion. With enough advance planning, you can safely travel while on infusion therapy. Here are a few things to consider when planning a trip:

- Notify us when you begin making your travel plans so we can help address your specific travel needs
- Tell your healthcare provider the details about how you plan to travel and where you will be staying
- Contact the companies with which you will be traveling and the places you will be staying to let them know about special accommodations you will require (e.g. refrigerator)

Non-smoking environment

Team members are not permitted to smoke, use any tobacco products, electronic cigarettes and/or vape while providing patient services.

Option Care Health is a tobacco and electronic cigarette-free environment. The use of all forms of tobacco or any electronic cigarette (vape) is not permitted in Option Care Health facilities.



option care health®

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